



Spring 2020



Spring Online Registration Begins on March 2, 2020

Visit our website to register!

Sweeney Neighbourhood Centre
P208 33355 Bevan Avenue, Abbotsford, BC
V2S 0E7
Phone (604) 853-2221

Regular Hours: Mon-Thurs 9:00am-4:00pm
www.abbycommunity.com



Spring Community Programs



Ballet & Creative Movement

Classes will incorporate stretching and various dance exercises. Children will be taught the fundamentals of ballet including basic positions and the necessary skills to get started.

***Ballet shoes are required ("nylon gym slippers" are approximately \$15 at Jazz-Ma-Tazz in Abbotsford).**

7 sessions Ages 3 - 5 yrs \$45.00
Apr 23 Thurs 5:00pm-5:45pm
Abbotsford Senior School - Dance Studio
(No session Apr 30, 2020)



Hip Hop

An exciting introduction to Hip Hop artistry! Classes will include a warm-up and short dance combination that will allow students to explore creative dance through music and choreography.

7 sessions Ages 6 - 10 yrs \$45.00
Apr 23 Thurs 6:00pm-7:00pm
Abbotsford Senior School - Dance Studio
(No session Apr 30, 2020)



Jr. Nature Sketch Club

The Bateman Foundation was founded to inspire a lasting relationship with nature through the lens of art, and is currently one of the only non-profits in Canada primarily using artwork to promote a connection to nature and the environment.

Robert Bateman's vision for the *Junior Nature Sketch Club* is designed to rebuild children's relationship with nature. Students will focus on sketching and observing wildlife habitats in unique Ecosystems. This program is guided by a sketch artist and a naturalist.

The cost of the program includes outings, sketching instruction, a special Nature Sketchbook, and all sketching materials. This program will also include a final exhibition, where the children's sketches will be framed and put on display at a local venue.

7 sessions & Art Show (TBA)
Ages 6+ \$75.00
Apr 21 Tues 6:00pm-7:30pm
Abbotsford Middle School - MPR
Mill Lake Park - TBA each week

Please note that program dates are subject to change as the School District has priority of facility bookings.

Game Design Program

This program introduces students to computer programming and game design. It focuses on improving problem solving skills and connecting math with real world applications. Students will learn how to create their own video games from scratch.

7 sessions Ages 10+ yrs \$65.00
Apr 21 Tues 4:30pm-6:00pm
John Maclure Community School - Portable
100-91



Introduction to Coding

This program introduces students to the core principles of coding and programming. Students will be working iPads. They will learn about the engineering process, program flow, program structures and statements, control structures and more. This class is designed to be fun by utilizing easy to understand games, so the kids won't even know that they are learning! This class is highly recommended for students who are interested in taking game design.

7 sessions Ages 6 - 9 yrs \$50.00
Apr 21 Tues 3:15pm-4:15pm
John Maclure Community School - Portable
100-91



Mixed Media Art Class

Whether your child is a beginner or has years of practice, this art program is for them. Our highly qualified instructor will teach students professional drawing and painting techniques. Students will learn to work with both water colour and acrylic paints. They will create one of a kind mixed media projects.

6 sessions Ages 8+ yrs \$56.00
Apr 20 Mon 6:00pm-7:30pm
Prince Charles Elementary School - MPR
(No session May 18, 2020)

French Club

Join our French Club for a taste of France. Our instructor is fluent in French and is a "well seasoned" chef. This program will be taught mainly in French but in English when necessary. Students will cook dinner for the first hour under the Chef's instruction. The next hour will be dedicated to building vocabulary and helping students with their French homework/projects. This program is sure to strengthen their foundation in a second language.

7 sessions Ages 10+ yrs \$55.00
Apr 20 Mon 6:00pm-8:00pm
Eugene Reimer Middle School - Room 150
(No session May 18, 2020)



Math and Movement

Math can be a challenging subject, well ... challenge accepted! Our Math and Movement Program will encourage students to learn math in a fun and educational environment. Our instructor will teach math through worksheets, group activities, and games related to math. Our goal is to help students feel confident and build a strong foundation in addition, subtraction, multiplication and division.

7 sessions Ages 8 - 11yrs \$55.00
Apr 22 Wed 6:00pm-7:30pm
Abbotsford Middle School - MPR/Gym

Board Game Club

Did you know that playing games increases brain function? Games are great for learning new skills, developing imagination and they challenge your strategic methods. We will have many types of games: card games, board games, dice games - all sorts. Join this fun program to set goals, meet new people, learn patience and get your game on!

6 sessions Ages 7 - 10yrs \$45.00
Apr 20 Mon 6:00pm-7:30pm
Abbotsford Middle School - MRP
(No session May 18, 2020)

Cancellation Policy

Please be advised that in order to receive a full refund you must withdraw from the program 7 days prior to the start date. If you withdrawal within the 7 days prior to the start date there will be a \$5.00 administration fee. If you withdraw once the program has begun there will be no refund.

Spring Community Programs



Basketball Skills & Drills

Basketball Skills & Drills is designed to improve children's dribbling and shooting skills. This program encourages team work and will incorporate drills and games in every session. We emphasize sportsmanship and team play.

7 sessions Ages 5 - 7 yrs \$35.00
Apr 29 Wed 5:00pm-6:00pm
John Maclure Community School - Gym

7 sessions Ages 8 - 10 yrs \$35.00
Apr 29 Wed 6:15pm-7:15pm
John Maclure Community School - Gym

7 sessions Ages 6 - 9 yrs \$35.00
Apr 23 Thurs 6:00pm-7:00pm
Abbotsford Middle School - Gym

7 sessions Ages 10 - 14 yrs \$35.00
Apr 23 Thurs 7:00pm-8:00pm
Abbotsford Middle School - Gym



Soccer Stars

Participants will learn basic soccer skills (dribbling, passing, trapping & scoring) while gaining confidence for the game. Play some games, learn basic drills and have fun with your friends in a pressure-free environment.

7 sessions Ages 4 - 6 yrs \$35.00
Apr 21 Tues 6:00pm-6:45pm
Abbotsford Middle School - Gym

Soccer Skills

This program will encourage students to strengthen their skills through many agility based activities. In addition to this, students will also focus on the importance of foundational soccer skills such as dribbling, passing, trapping, and scoring.

7 sessions Ages 7 - 10 yrs \$35.00
Apr 21 Tues 7:00pm-8:00pm
Abbotsford Middle School - Gym

Introduction to Digital Art

This program introduces students to digital art. They will learn how to use technology to create digital paintings and drawings. During this program, we will cover topics like layers, brushes, blending, shading, colouring and the use of drawing guides in creating perspective drawings.

There will be 7 fun and unique projects created from scratch. The program is taught on iPads and, students who have a tablet at home can continue to practice their new skills using the free apps!

7 sessions Ages 8 - 11 yrs \$65.00
Apr 22 Wed 6:00pm-7:00pm
Prince Charles Elementary - MRP

FAMILY PROGRAMS

Lunch Box Treats - FAMILY PROGRAM

Lunch Box Treats is designed to encourage our clients to develop a love for baking while learning the skills of what it takes to make a homemade tasty treat. This program will provide snacks for students' lunches for Wednesday to Friday. This is a great opportunity to spend time and enjoy creating together.

****Adult registration required with student.**

7 sessions Ages 6+/Adult \$45 per person
Apr 21 Tues 6:00pm-7:30pm
Abbotsford Senior School - Room 302



Multi Sports Family Edition

Families are encouraged to come out for an evening of recreational play. We will have sports such as volleyball, basketball, dodgeball and more. Invite other families to join you for a friendly game against each other. Who will win?

****Adult registration required with student.**

7 sessions Ages 9yrs/Adults \$20 per person
Apr 20 Mon 6:00pm-7:30pm
Abbotsford Middle School - Gymnasium
(No sessions on May 18, 2020)

ACSS Out-Fit

"Outdoor Fitness for Adults"

Come out and enjoy the outdoors while getting fit and making new friendships with fabulous people. We have participants bring weights, a mat and a stability ball. Every class is a different format, no chance of getting bored, all classes incorporate cardio and resistance training. Classes are fun and you make them as challenging as you want. We are outside but under a covered area so you won't get rained on, not saying you won't get wet, though!! Come out and give us a try, you won't find a better class for this price, we guarantee it!!!

For Ages 16+, at Abbotsford Middle School

Mornings

Apr 20 - May 15 \$66.00
Mon, Wed, Fri 6am - 7am

May 25 - June 26 \$82.50
Mon, Wed, Fri 6am - 7am

Jul 6 - Jul 9 \$22.00
Mon to Thurs 6am - 7am

Evenings

Apr 20 - May 14 \$66.00
Mon, Wed, Thurs 5:30pm - 6:30pm

May 25 - June 25 \$82.50
Mon, Wed, Thurs 5:30pm - 6:30pm

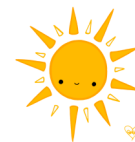
Jul 6 - Jul 9 \$22.00
Mon to Thurs 5:30pm - 6:30pm



**** Participants will need to bring a yoga mat, stability ball and two 5 pound weights. Please be sure to dress appropriately for the weather.**



Summer Camp Registration will open on
April 1st, 2020.
Please visit our website at www.abbycommunity.com



Spring Camps



We are almost filled up in our Full-Day Spring Break Camps (check out our website for more information on those), but we do have quite a few spaces still available in the following awesome Half-Day Camps!

Spring Break Culinary Camp:

In this introductory culinary camp, students will practice essential kitchen skills and master the fundamentals of cooking. Please join us for this great opportunity where everyone will learn how simple and fun it can be to make homemade sweet and savoury dishes.

Who: 10 - 14 year olds
When: Monday to Friday - March 16 - 20, 2020 (5 days)
Time: 8:30 am - 12:00 pm
Where: Eugene Reimer Middle School - Home Economics Rm
Cost: \$80.00

Spring Break Game Design:

Over the course of the week, students will be introduced to computer programming, problem solving, computer graphics programs, character development, level development, sound development and game design. They will use these skills to create a simple video game. The games will be built in such a way that they will be able to share them with friends and will be playable on windows computers. The camp will include a Friday pizza party and celebration of the work the students have done.

Who: 10+ year olds
When: Monday to Friday - March 16 - 20, 2020 (5 days)
Time: 9:00 am - 12:00 pm
Where: John Maclure Community School - Library
Cost: \$80.00

Volunteer and Work Opportunities!

Do you enjoy working with children & youth? We are always looking for volunteers to help in our programs and special events!

We have daytime, afterschool and evening programs available. Volunteers are required to complete an application and informal interview. Anyone over 16 must have a criminal record check completed.

This is a great opportunity for high school students to gain experience and complete their high school community hours. For more information check out our website or come see us in our office!

We are also on the look out to hire new instructors. Please feel free to email us at info@abbycommunity.com and/or contact our office for more information.

